



# Hair Extensions Care Guide



Brush your extensions daily, from ends upwards while holding them at the top. Do not pull them down without holding! Keep them detangled to avoid matting and for longevity.



Shampoo your hair once or twice a week. Use the shampoo your stylist recommended. Avoid products that contain sulfates or parabens. Make sure you rinse your hair thoroughly and no product is left on the hair extensions.



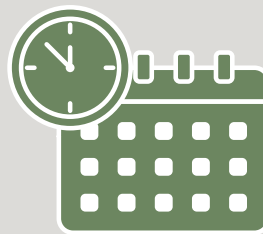
Remove excess water with a towel. Do not rough out the extensions with it; simply squeeze the water out with the towel. Avoid using excessive heat. You may blowdry them with a brush while holding the top tightly.



You may use moisturizing and hydrating products on your hair extensions. Apply from midshafts to ends and avoid saturation the roots as this may create product buildup.



Brush and braid your hair to the side at night. This will minimize friction and keep your hair from getting matted or pulling down your hair extensions while sleeping. Using a silk pillow sham will help avoid friction at night.



Keep up with your salon visits. Mini Move-ups every 5-6 weeks!

